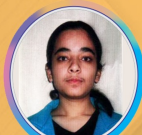


eSaralites in Top Medical College



Bhavya Sharma
(10th Rank Topper)
Indira Gandhi
Medical College



Triyamb Goyal
VMC
Gujrat



Sahil
Maulana Azad
Medical College

आंखों में नींद बहते हैं पर सोना नहीं है, यही समय है कुछ करने का इसे खोना नहीं है।

मुझे यहाँ पहुँचना है।

whatever it takes



Prateek Sir
IIT Bombay
Youth Motivator

N.K. Gupta Sir
IIT Kanpur
Ex - Allen Vice President

Saransh Sir
IIT Bombay
AIR - 41

Important points to be read before starting your success journey

<p>How to Learn</p>	<p>Learn from Best visualization lectures made by India's Top IITian and Doctor Faculties from Kota</p> <p>a) Open eSaral app, you will see your course, open it and there you will find your Subjectwise video lectures. [You can watch the videos either from recorded lectures or from live classes]</p> <p>b) Open your lectures and start your learning.</p> <p>c) Read NCERT and Exemplar from your Course. (Marked Fatafat NCERT is available in eSaral App).</p> <p>d) Make separate note books for Notes Making, Sheet Solving and Tests and also make Index at the starting of each notebook (Topper's Secret) of all subjects.</p>
<p>Practice will make you perfect Do Home work</p>	<p>a) Sheets : Solve questions from Exercise-1,2 (Refer Home Work Index) After every lecture.</p> <p>b) PYQs : Solve NEET Previous Year Questions After finishing a chapter.</p> <p>Note : For Printed Study Material , You can reach out to following numbers : 9024464479 , 8955900962</p>
<p>Tests You should Give</p>	<p>a) Topicwise Test(TWT) : These are TWT of each chapter of NEET . Give after completion of each chapter.</p> <p>b) Review Test(RT) : These are RT of every 2 capsule of NEET. Give after completion of every 2 capsule according to your schedule, RT name is given below every capsule.</p> <p>c) Part Syllabus Test : These tests are designed to give a simulation of NEET exam. You have to give these tests after completion of every 4 Target given in SCORE study plans.</p> <p>d) Half Syllabus Test : These tests are designed to give a simulation of NEET exam. You have to give these tests after completion of 8 Target given in SCORE study plans</p> <p>e) Full Syllabus Test : NEET full syllabus All india open Test (AIOT). You have to give these every sunday given in SCORE study plans</p>
<p>Revision will make you perfect</p>	<p>Revision : Re Visit Every Concept to Ace your exams.</p> <p>a) DOCTOR's SCORE-1 Study Plan : Complete your course for the 2nd time with live classes, Most Expected Questions(MEQs), All India Open Tests(AIOT), Super Practice Sessions(SPS).</p> <p>b) DOCTOR's SCORE-2 Study Plan : Complete your course for the 3rd time with live classes, MEQs,AIOTs, SPS.</p> <p>d) MR (Mega Revision) : A Special Program Designed to strengthen your weak concepts of every chapter with a series of Full Syllabus Paper.</p> <p>e) SMR(Super Mega Revision) : A special live revision program designed to revise chapter in a nutshell followed by Live test and Discussion so that you can analyse your mistakes.</p> <p>If you watch any lecture or learn Mindmap or Practice some question or give any test, all comes under the category of Revision.</p> <ol style="list-style-type: none"> 1. Use Revision Videos and Mindmaps available in your eSaral App to revise your Concepts. 2. Revise through Notes for revision or solve PYQs or give some tests.
<p>Doubt solving System(DoST) will have you no doubts left.</p>	<p>A holistic Five layered doubt solving system</p> <ol style="list-style-type: none"> 1. Doubt Solver : Doubt Solving tool (DoST) for your doubt solving, just upload your doubt and get solution within few hours. 2. Live Doubt Classes : eSaral Conducts Live Doubt Classes by expert faculties to clear doubts with Live interaction. 3. Discussion classes : Classes organised by expert eSaral faculties to discuss your chapters, sheets problems and MEQs. 4. You can also interact one to one from teachers in live classes to solve your doubts. 5. Text and video solutions by expert faculties.
<p>Mentorship guidance in every step of your Journey</p>	<p>Five Layered mentorship programme (Experts with 40+ years of experience in mentoring)</p> <ol style="list-style-type: none"> a) Personal Academic Mentors : For consistent motivation, Academic support, and Planning. b) Progress Mentors : For regularly tracking your progress. c) Live Mentorship Sessions(Samwad Session), PTMs with HoDs & Faculties in Batches. d) Regular Ask mentor Anything session by expert mentors will be conducted in Samwad course. f) Supermentorship Programme.

Capsule	Physics	Chemistry	Biology	Start Date	End Date
Capsule-1	Unit & Dimension 3 Lec (02:21 Hrs)	Atomic Structure 15 Lec (12:50 Hrs)	Digestion and Absorption 17 Lec (09:15 Hrs)	Start from today and finish upto 29 June	
	Vector 8 Lec (03:53 Hrs)				
	Kinematics 1D 17 Lec (09:12 Hrs)	Periodic Table 9 Lec (04:32 Hrs)	Breathing and Exchange of Gases 12 Lec (04:53 Hrs)		
	Kinematics 2D 9 Lec (05:05 Hrs)				
	Total - 20:30 Hours	Total - 12:45 Hours	Total - 14:08 Hours		
Home Work Targets :	1. Practice Sheets Ex-1,2 : After every lecture refer Home Work Index and solve Questions 2. Previous Year Questions(PYQ) : Solve NEET PYQs after finishing a chapter				
Test Targets :	1. Topic Wise Tests : After completion of every chapter attempt NEET test				
Capsule-2	Newton Laws of Motion 9 Lec (05:03 Hrs)	Chemical Bonding 17 Lec (09:08 Hrs)	Cell : The Unit of Life 25 Lec (14:54 Hrs) Cell Cycle and Cell Division 8 Lec (03:38 Hrs)	30-June-23	13-July-23
	Friction 7 Lec (04:29 Hrs)				
	Circular Motion 9 Lec (03:51 Hrs)	Mole Concept 10 Lec (04:59 Hrs)			
	Total - 13:23 Hours	Total - 14:07 Hours	Total - 18:32Hours		
Do Home Work from Sheets, PYQs and Give Topic Wise Tests Give NEET Review Test : NW - NTRT - Sine					
Capsule-3	Work Power Energy 13 Lec (07:12 Hrs)	States of Matter (Gaseous + Liquid State) 15 Lec (07:37 Hrs)	The Living World 5 Lec (03:29 Hrs) Biological Classification 20 Lec (01:34 Hrs)	14-July-23	27-July-23
	Center of Mass & Collision 13 Lec (08:19 Hrs)	Thermodynamics 14 Lec (07:52 Hrs)	Body Fluids and Circulation 13 Lec (07:42 Hrs)		
	Total - 15:32 Hours	Total - 15:29 Hours	Total - 12:45 Hours		
Do Home Work from Sheets, PYQs and Give Topic Wise Tests					

NEET **Warrior** STUDY PLAN (2023-24)

Target: NEET - 2024

(231312NT-ES24-16062023)

Capsule-4	Rotation Motion 21 Lec (13:46 Hrs)	Thermochemistry 3 Lec (01:42 Hrs)	Plant Kingdom 7 Lec(06:11 Hrs)	28-July-23	10-August-23
		Chemical Equilibrium 8 Lec (03:59 Hrs)	Excretory Products and their Elimination 12 Lec (06:45 Hrs)		
	Total - 13:46 Hours	Total - 05:41 Hours	Total -12:56 Hours		
Do Home Work from Sheets, PYQs and Give Topic Wise Tests Give NEET Review Test : NW - NTRT - Cos					
Capsule-5	Electrostatics : Electric Charges and Fields 13 Lec (07:55 Hrs)	Ionic Equilibrium 17 Lec (09:44 Hrs)	Principles of Inheritance and Variation 17 Lec(10:27 Hrs)	11-August-23	24-August-23
	Electrostatics : Electric potential Energy and Potential 12 Lec (04:00 Hrs)		Locomotion and Movement 11 Lec (07:08 Hrs)		
	Electrostatics : Conductors 6 Lec (02:59 Hrs)	Redox Reaction 8 Lec (04:26 Hrs)			
	Total -14:54 Hours	Total -14:10 Hours	Total -17:35 Hours		
Do Home Work from Sheets, PYQs and Give Topic Wise Tests					
Capsule-6	Current Electricity 16 Lec (09:34)	Nomenclature of Organic Compounds (IUPAC) 9 Lec (04:29 Hrs)	Molecular Basis of Inheritance 13 Lec (10:10 Hrs)	25-August-23	7-Sep-2023
		General Organic Chemistry(GOC) 12 Lec (07:04 Hrs)	Neural Control and Coordination 18 Lec (09:57 Hrs)		
	Total -09:34 Hours	Total -11:33 Hours	Total -20:07 Hours		
Do Home Work from Sheets, PYQs and Give Topic Wise Tests Give NEET Review Test : NW - NTRT - Tan					



NEET **Warrior** STUDY PLAN (2023-24)

Target: NEET - 2024

(231312NT-ES24-16062023)

Capsule-7	Capacitor 13 Lec (07:37 Hrs)	Isomerism 9 Lec (05:14 Hrs)	Morphology of Flowering Plants 17 Lec(13:25 Hrs)	8-Sep-2023	21-Sep-2023
		Hydrocarbon 19 Lec (08:32 Hrs)	Chemical Coordination and Integration 12 Lec (05:14 Hrs)		
	Total -07:37 Hours	Total -13:46 Hours	Total -18:39 Hours		
Do Home Work from Sheets, PYQs and Give Topic Wise Tests					
Capsule-8	Magnetic Effect of Current 19 Lec (08:11 Hrs)	Optical Isomerism 7 Lec (04:11 Hrs)	Anatomy of Flowering Plants 18 Lec (05:10 Hrs)	22-Sep-2023	5-Oct-2023
	Magnetism & Matter 11 Lec (03:30 Hrs)	Haloalkane and Haloarenes (Halogen Derivatives) 11 Lec (05:33 Hrs)	Structural Organisation in Animals 13 Lec (09:09 Hrs)		
	Total -11:41 Hours	Total -09:44 Hours	Total -14:19 Hours		
Do Home Work from Sheets, PYQs and Give Topic Wise Tests Give NEET Review Test : NW - NTRT - Cosec					
Capsule-9	Electromagnetic Induction 14 Lec (05:13 hrs)	Alcohol, Ether and Phenol 11 Lec (04:13 Hrs)	Reproduction in Organisms 9 Lec (03:11 Hrs)	6-Oct-2023	19-Oct-2023
	Alternating Current 14 Lec (04:00 Hrs)	Carbonyl Compounds (Aldehydes & Ketones) 7 Lec (02:52 Hrs)	Biomolecules 12 Lec(06:51 Hrs)		
		Oxidation Reduction 7 Lec (02:56 Hrs)			
Total -09:13 Hours	Total -10:01 Hours	Total -10:02 Hours			
Do Home Work from Sheets, PYQs and Give Topic Wise Tests					

Capsule-10	Calorimetry 3 Lec (01:41 Hrs)	Carboxylic acid 7 Lec (02:36)	Sexual Reproduction in Flowering Plants 22 Lec (08:30 Hrs)	20-Oct-2023	2-Nov-2023
	Elasticity 3 Lec (01:52 Hrs)	Biomolecules Lec (03:02)			
	Thermal Expansion 4 Lec (02:30 Hrs)	Polymers 8 Lec (01:48)	Human Reproduction 12 Lec (09:34 Hrs)		
	Heat Transfer 9 Lec (04:13 Hrs)	Chemistry in Everyday Life 8 Lec (02:50)			
	Total - 10:17 Hours	Total -10:16 Hours	Total -18:04 Hours		
Do Home Work from Sheets, PYQs and Give Topic Wise Tests Give NEET Review Test : NW - NTRT - Sec					
Capsule-11	KTG 4 Lec (01:54 Hrs)	Hydrogen 6 Lec (02:07 Hrs)	Microbes in Human Welfare 9 Lec (03:05 Hrs)	3-Nov-2023	16-Nov-2023
	Thermodynamics 9 Lec (04:45 Hrs)	The S-Block Elements 7 Lec (02:45 Hrs)			
	Fluid Mechanics 18 Lec (08:38 Hrs)	p Block Group (13-14) 10 Lec (04:33 Hrs)	Reproductive Health 3 Lec (02:44 Hrs)		
		Environmental Chemistry 9 Lec (03:04 Hrs)			
	Total - 15:17 Hours	Total - 12:30 Hours	Total -05:49 Hours		
Do Home Work from Sheets, PYQs and Give Topic Wise Tests					
Capsule-12	Gravitation 8 Lec (03:52 Hrs)	Coordination Compound 18 Lec (08:20 Hrs)	Transport in Plants 11 Lec(03:35 Hrs)	17-Nov-2023	29-Nov-2023
			Mineral Nutrition 8 Lec(02:20 Hrs)		
	SHM 4 Lec (06:55 Hrs)	Metallurgy 13 Lec (04:49 Hrs)	Evolution 15 Lec (09:52 Hrs)		
		d & f Block Elements 4 Lec (01:16 Hrs)			
Total - 10:47 Hours	Total - 14:10 Hours	Total -15:47 Hours			
Do Home Work from Sheets, PYQs and Give Topic Wise Tests Give NEET Review Test : NW - NTRT - Cot					

NEET **Warrior** STUDY PLAN (2023-24)

Target: NEET - 2024

(231312NT-ES24-16062023)

Capsule-13	Wave on String 11 Lec (05:36 Hrs)	p Block Elements (15 to 18 groups) 22 Lec (06:25 Hrs)	Photosynthesis in Higher Plants 9 Lec(04:01 Hrs)	30-Nov-2023	12-Dec-2023
	Sound Waves 12 Lec (06:25 Hrs)	Salt Analysis (Qualitative Analysis) 25 Lec (08:02 Hrs)	Human Health and Disease 18 Lec (08:55 Hrs)		
	Total - 12:01 Hours	Total - 14:27 Hours	Total -12:56 Hours		
Do Home Work from Sheets, PYQs and Give Topic Wise Tests					
Capsule-14	Wave Optics 12 Lec (05:36 Hrs)	Electrochemistry 11 Lec (05:42 Hrs)	Respiration in Plants 6 Lec(02:14 Hrs)	13-Dec-2023	25-Dec-2023
	Electromagnetic Waves 4 Lec (01:02 Hrs)		Plant Growth and Development 7 Lec(02:16 Hrs)		
	Errors in Measurement & Instruments 7 Lec (03:19 Hrs)	Surface Chemistry 15 Lec (04:55 Hrs)	Strategies for Enhancement in Food Production 19 Lec (04:44 Hrs)		
	Semiconductors 10 Lec (04:23 Hrs)		Biotechnology : Principles and Processess 8 Lec (04:06 Hrs)		
	Communication System 4 Lec (01:46 Hrs)		Biotechnology and its Applications 5 Lec (02:28 Hrs)		
Total -16:07 Hours	Total -10:37 Hours	Total - 28:07 Hours			
Do Home Work from Sheets, PYQs and Give Topic Wise Tests Give NEET Review Test : NW - NTRT - Modulus					

Capsule-15	Ray Optics : Reflection 11 Lec (03:23 Hrs)	Solid State 14 Lec (07:17)	Organisms and Populations 18 Lec (08:51 Hrs)	26-Dec-23	6-Jan-24
	Ray Optics : Refraction 10 Lec (03:28 Hrs)				
	Ray Optics : Refraction Through Curved Surface 8 Lec (03:15 Hrs)	Liquid Solution 13 Lec (05:57)	Ecosystem 12 Lec (05:00 Hrs)		
	Ray Optics : Optical Instruments 4 Lec (01:33 Hrs)				
	Total -11:38 Hours	Total -13:14 Hours	Total -13:51 Hours		
Do Home Work from Sheets, PYQs and Give Topic Wise Tests					
Capsule-16	Atomic Structure 9 Lec (03:42)	Chemical Kinetics 13 Lec (05:48 Hrs)	Biodiversity and Conservation 11 Lec (03:19 Hrs)	7-Jan-24	20-Jan-24
	Dual Nature of Radiation and Matter 2 Lec (00:52)	Nuclear Chemistry 7 Lec (02:09 Hrs)			
	X-Rays 5 Lec (01:11)		Radioactivity 6 Lec (02:43 Hrs)		
	Nuclear Physics 8 Lec (02:26)				
	Radioactivity 6 Lec (02:43)				
	Total -10:54 Hours	Total - 11:33 Hours	Total -05:33 Hours		
Do Home Work from Sheets, PYQs and Give Topic Wise Tests					
Give NEET Review Test : NW - NTRT - Signum					
DOCTOR'S SCORE-1 From 1st Jan 2024 to 15 Mar 2024					
Complete Guided Revision with Live Revision classes + Most Expected Questions + All India Open Tests (In between gap give Pre Board Exams) (Detailed Schedule will be given in Dec 2023)					
DOCTOR'S SCORE-2 From 16th Mar 2024 to 4th May 2024					
Complete Guided Revision with Live Revision classes + Most Expected Questions + All India Open Tests (Detailed Schedule will be given in Mar 2024)					
5 May 2024	NEET Exam (Tentative)				



NEET **Warrior** STUDY PLAN (2023-24)

Target: NEET - 2024

(231312NT-ES24-16062023)

Important Points to be followed

1	Study through the Video Lectures from your PERSONALIZED STUDY PLAN . (As per the given CAPSULES)
2	The numbers written after the chapter indicates total lectures and its duration in Hours. Below each chapter, the number of lectures and total time in hours of videos in that chapter is written. i.e, Unit & Dimension 3 Lec (02:21 Hrs) indicates it contains 3 video lectures of 2 hours 21 minutes.
3	Do the Home-Work (Practice Questions after videos) from the Exercise Sheets referring the Home-Work Index present in the sheets.
4	Attempt NEET Topic-Wise Tests after completion of every chapter.(These are ONLINE TPPs i.e. Topic Practice Problems like DPPs.). Never ignore tests.
5	Solve eSaral Exercises sheet. You can also view video solutions of questions below the sheets itself.
6	You can DOWNLOAD THE SHEETS and get print out of that from the share button on the right hand corner of the practice sheet or can also purchase the printed material provided by eSaral.
7	You can give all your tests on Computer/laptop in CBT MODE . (BY CLICKING ON https://courses.esaral.com). Enter your Email ID and Password - Select MY COURSES and there you will find your all tests in CBT MODE.
8	You can get all your doubts solved through (1) See Text or Video solutions in App (2) Post your doubt in Doubt Solving system DoST in eSaral App (3) Attend Live Doubt Classes (You will be provided the schedule and the link for the classes timely.) (4) In exceptional cases you can call your mentor to get connected with Faculty.
9	You will be assigned a Personal mentor and Additional Mentor , who will guide you throughout your journey. Save mentors number in your mobile phones.(eSaral PERSONALIZED MENTORSHIP PROGRAMME)
10	Regular eSaral SAMWAD Live Sessions will be taken by Directors, Faculties and Mentors. You will be send meeting ID link at your registered contact number.
11	For Body Training give tests between timings : 2 PM - 5:20 PM
12	Mark your ATTENDANCE regularly.
13	eSaral believes that if you follow the plan, you will achieve all your targets.